



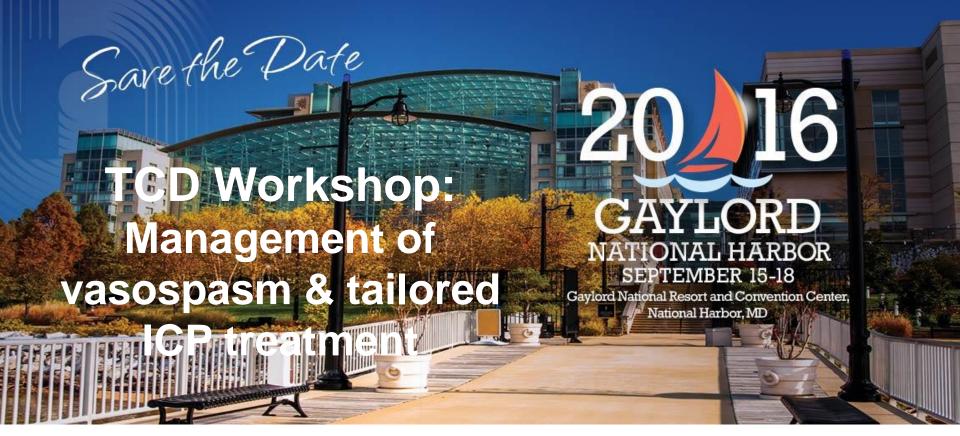
Course: Advanced Neurosonology – ICP mgmt. with TCD



Gregory Kapinos, MD, MS, FASN, FCCM

Neurologist, Neurointensivist,

Neurophysiologist, Neurosonologist, Neuroimager.



GREGORY KAPINOS, MD, MS,

Neurologist, neurointensivist,

neurosonologist, neuroimager & neurophysiologist.

HOFSTRA NORTHWELL SCHOOL of medicine

Neurotrauma 2015 June 28 – July 1 Santa Fe, New Mexico

PRECISION MEDICINE FOR ICP Treatment: TCD INDIVIDUALIZES TARGETING COMPLIANCE AND/OR PERFUSION AMELIORATION

Acute Surgical Cranial Trauma: "To drill or not to drill" #10013 on 7/1/2015 at 11AM

Gregory Kapinos, MD, MS,

Ali Sadoughi, MD,

Jamie S. Ullman, MD, FACS, FAANS,



HOESTRA NORTH SHORE-LIJ

SCHOOL of medicine

AT HOFSTRA UNIVERSITY

Brain & Spine Specialists of New York[™]

Institute

Cushing

Neuroscience

Rai K. Narayan, MD, FACS, FAANS.

TOOLS OF THE TRADE: NEUROMONITORING In: SYM3 - NEUROCRITICAL CARE & NEUROSURGICAL EMERGENCIES UPDATE

Gregory Kapinos, MD, MS, FASN

Associate Professor, Neurology,

SUNY Downstate School of Medicine.



Director, Neurocritical Care Services & Critical Care Neuromonitoring, NYC H+H Kings County.



Stylistic influences

NYC

HEALTH+ HOSPITALS





NYC HEALTH+ HOSPITALS Disclosures



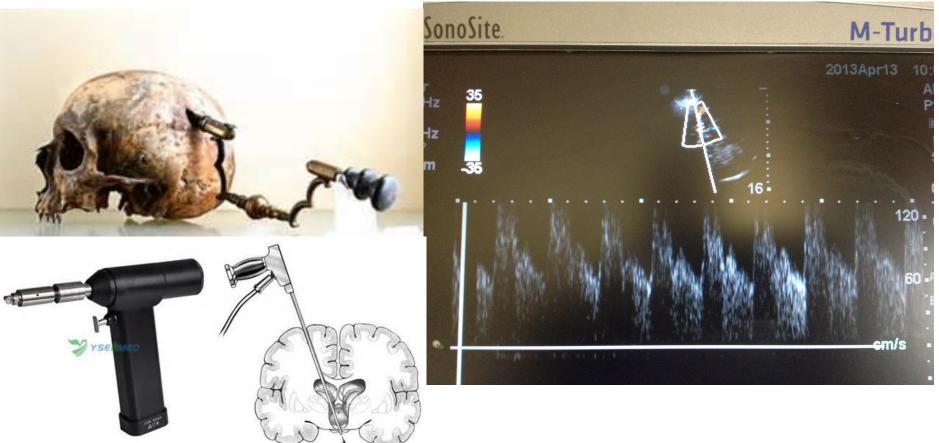
- I am a neurologist (ABPN-BC), neurointensivist (UCNS-BC), neurosurgical intensivist (CAST/SNS-BC), neurosonologist, neuroimager (UCNS-BC), with additional competencies in advanced neuroimaging, critical care EEG, neurotraumatology, neurocoagulation, as well as in neurohospital medicine, emergency medicine, palliative care & bioethics.
- I am a board member of the editorial board of the JON and of the BOD of the ASN.
- I have no financial ties to any commercializing company of any neuromonitoring probes or transcranial doppler, any neuroimaging company, or any pharmaceuticals.
- I am a non-paid advisor for a processed EEG company (Ceribell), as well as a consultant and paid speaker for a cooling company (Zoll).
- I have received honoraria from BARD for devising new venous access catheters.
- I have a commitment to a stipend and royalties in an upcoming Springer book on new frontiers in quantitative EEG.

ASN 42ND ANNUAL MEETING O PUERTO RICO

Topic-focused Disclosures

- No financial ties to any marketed technology for trephination, TCD, neuroimaging or hemodynamic monitoring.
- No financial ties to any company marketing IVF, albumin or vasoactive drugs.
- Received <200\$ honorarium from company marketing vascular access devices.
- Trademarked "Advanced Neurological Life Support (ANLS)" but not in commerce.
- Was involved in CTP research in vasospasm with PI Pina Sanelli, who was receiving AHA, BAF and NIH funding.

NYC HEALTH+ HOSPITALS PIERCING THROUGH THE SKULL FOR ICP AND CPP WITHOUT A DRILL



Gregory Kapinos, MD, MS.



NYC HEALTH+ HOSPITALS Key messages



- No, TCDs are not ready to replace direct ICP monitors, however...
- Compliance is more important than the ICP value
 - With pressure monitor: P2>P1, MOCAIP, etc...
 - With TCDs or regular U/S: PI, ONSD, novel index
- It is judicious to tease out the primordial inadequacy for that pt:
 - high ICP (low compliance),
 - or low CPP (low perfusion),
 - or both
 - or none
- TCD do offer advantages b/o non-invasiveness for
 - Prognosticate in ED death and poor functional outcome after TBI
 - Triaging for decision on ICU and recourse to EVD/ICP monitor
 - Teasing out better if compliance or perfusion is most compromised
 - Earlier detection of imminent crisis, as c/t using ICP/CPP threshold
 - Allocate Rx specific to the primordial inadequacy (tailored individualized goal-directed Rx for cerebral edema/ICP)





The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

DECEMBER 27, 2012

VOL. 367 NO. 26

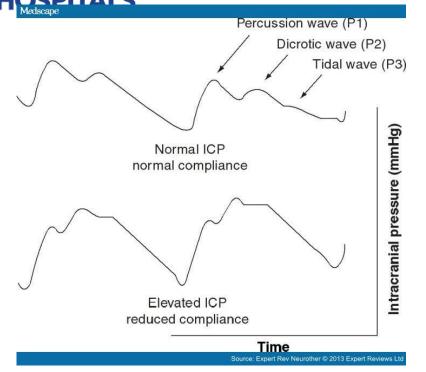
A Trial of Intracranial-Pressure Monitoring in Traumatic Brain Injury

Randall M. Chesnut, M.D., Nancy Temkin, TORESTA LULI RUP Sureyya Dikmen, Ph.D., Carlos Rondina, M.D., Walter Videtta, M.D., Gustavo Petron DESTA Luli RUP in Pridgeon, M.H.A., Jason Barber, M.S., Joan Machamer, M.A., Kelley Chaddock, B.A., Juanita M. Celix, M.D., Marianna Cherner, Ph.D., and Terence Hendrix, B.A. Clinicoracio Ogic Vs. EVD-guided Rx for ICP

We got it all wrong with our EVDs in the modern world???

- Or is it just an inadequate threshold to define ICP crisis?
- Should we abandon looking at ICP alone?
 - Still has an adjunctive value to vasoreactivity (PRx/Mx), cerebroximetry (PbtO2) and we need to go metabolic (LPR by CMD, MRS) and neurophysiologic (qEEG, SSEPs)?

Introduction: ICP not the panacea



BARKING AT THE WRONG TREE: Analogical >Digital data... Should we Rx ICP mean or low compliance?

<u>J Neurotrauma.</u> 2010 Feb;27(2):317-24.

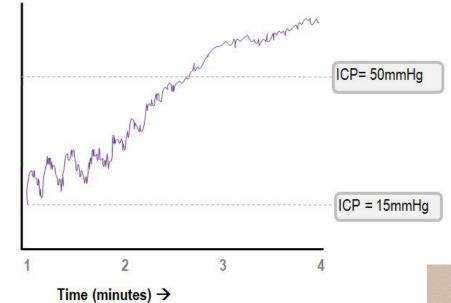
What shapes pulse amplitude of intracranial pressure?

<u>Carrera E</u>, <u>Kim DJ</u>, <u>Castellani G</u>, <u>Zweifel C</u>, <u>Czosnyka Z</u>, <u>Kasparowicz M</u>, <u>Smielewski P</u>, <u>Pickard JD</u>, <u>Czosnyka M</u>.

Source

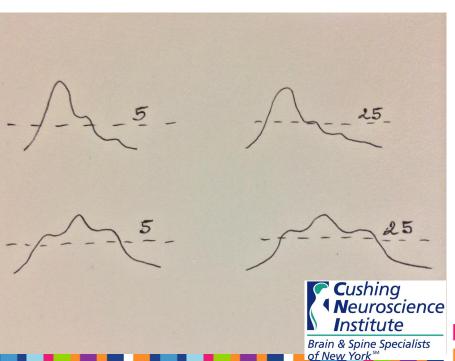
Academic Neurosurgical Unit, Department of Clinical Neurosciences, Addenbrooke's Hospital, University of Cambridge, Cambridge

Compliance before ICP



BARKING AT THE WRONG TREE: Should we Rx ICP mean or low compliance?

Split in neurosurgeons... Which scenario would you treat? Favoring ICP mean or waveform?

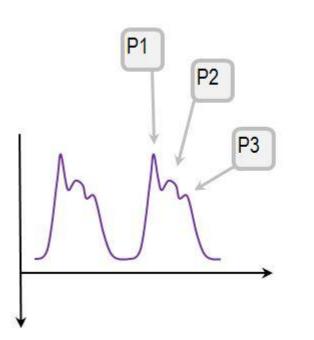


NYC

HEALTH+ HOSPITALS

HEALTH+ HOSPITALS Compliance on EVD WF





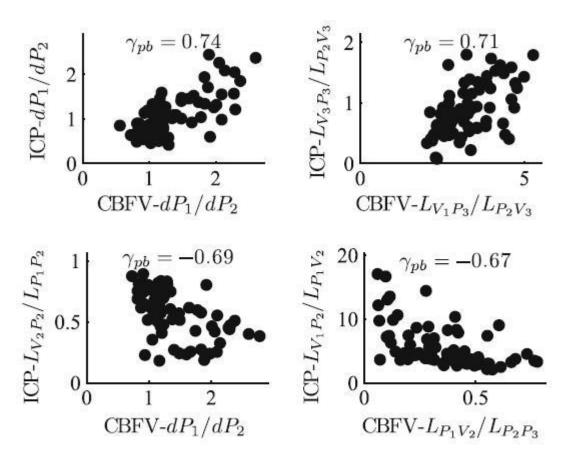
P1: arterial pulse P2: vaguely related to cerebral compliance

P3: aortic valve closure, the dicrotic notch.

- Flourishing science on understanding better interaction of CSF volume onto the edematous or expanded parenchyma and the effect of each heart beat, testing vascular resistivity and parenchymal compliance:
- Pulse Amplitude, Pulsatility Index, Resistivity Index, MOCAIP...



NYC HEALTH+ HOSPITALS Perfusion status on EVD WF



MOCAIP from UCLA: Beyond compliance, VD/VC state, CAR...

Complex... Let's start simple: P2>P1

The figure visualizes four MOCAIP metrics pairs of ICP and CBFV signals, which are significantly correlated.

NYC **TCD** in neurosurgery HEALTH+ HOSPITALS

In France, neurosonology is embraced by neurosurgery field...

2008,

Paris &

Toulouse:

severe TBI

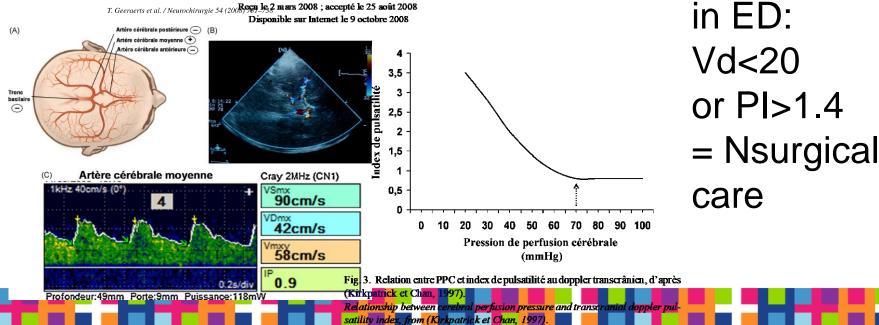
Triaging

neurochirurgie



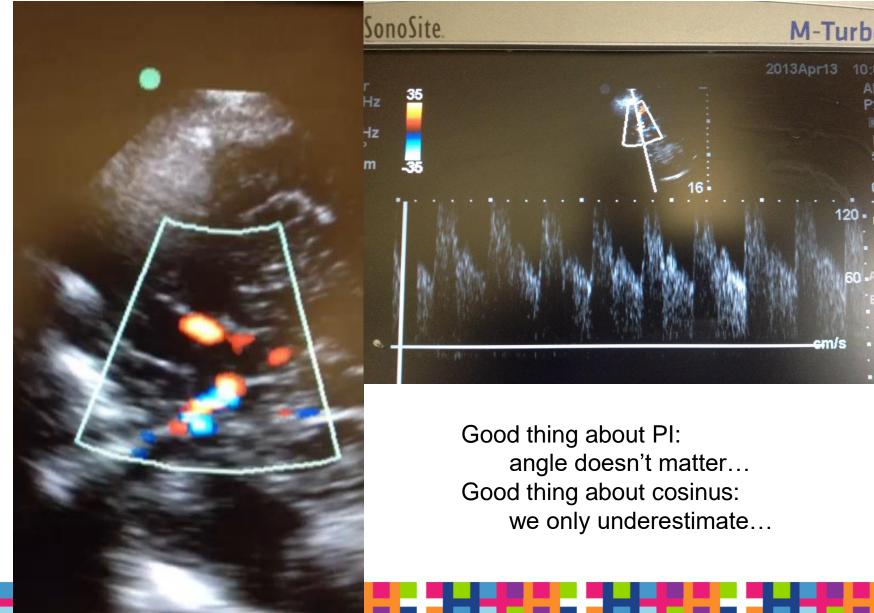
Disponible e	en ligne sur www.	sciencedirecto	com	=
	Science	Direct		1
Neur	ochirurgie 54 (200	8) 731–738		=
	Artic	le original		
Le dopplei	transcrâ	nien en	neuroc	hirurgie
Transcra	unial dop	pler in 1	neurosu	rgery
T. Geeraerts ^{a, []]}	^o , C. Ract ^{a, 1}	^b , J. Dura	nteau ^{a, b} ,]	B. Vigué ^{a, b}
anesthésie-réanimation, hi 1540, laboratoire d'anesth	•			-
ts et al. / Neurochirurgie 54 (2008	ecu le 2 mars 2008 Disponible sur In	8 ; accepté le 25 itemet le 9 octol	août 2008 bre 2008	
rébrale postérieure — (B)				
rébrale moyenne + rébrale antérieure 😑	09	1 32	4 ၂	
		1	3,5 -	\mathbf{X}

^a Département d'é emlin-Bicêtre, France ^b UPRES 3 Bicêtre, France





HEALTH + Neurosonology for TBI at NSLIJ



HEALTH+ HOSPITALS PI not the panacea...



PI actually not very well correlating with gold-standard ICP by EVD...

Neurosurgery. 2011 Jan;68(1):E289-92.

We still do not have a reliable and validated noninvasive technique that can provide an accurate quantitative measurement of intracranial pressure (ICP) that could replace invasive quantitative measurements of ICP.

Razumovsky A, Armonda RA.

Neurosurgery. 2010 Jun;66(6):1050-7.

Transcranial Doppler pulsatility index: not an accurate method to assess intracranial pressure.

Behrens A, Lenfeldt N, Ambarki K, Malm J, Eklund A, Koskinen LO.

Because the correct "gold-standard" is compliance, not ICP! NYC HEALTH+ HOSPITALS tell you that brain physiology is bad... vs Kapinos: they each tell you something different!

Needed distinction by **extricating PI from Vd (or EDV)**:

PI addresses a primary ICP (or actually compliance) issue, which is really what we care about... is there something taking too much space in the brain or is the brain too edematous...

Rx? CSF diversion, tumor/blood evacuation, craniectomy or osmotherapy.

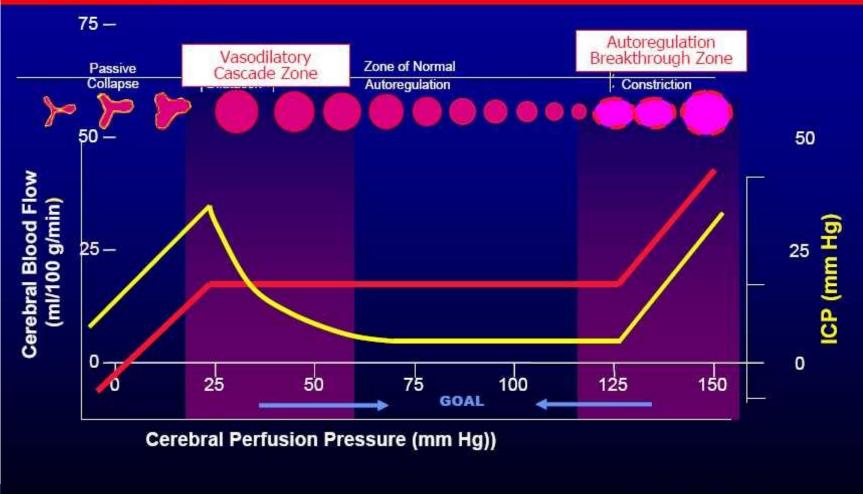
vs. Vd depicts a primary CPP issue with inadequately low CPP, the beginning of compromised CBF, and if it persists, VD cascade will ensue with subsequent ischemia and rise in ICP too...

Rx? the issue is the low MAP and Rx should consist of course of raising MAP, not only to reach an optimal individualized CPP goal but also because this change by itself can intrinsically lower the ICP...

NYC HEALTH+ HOSPITALS



Hypertension Can Drive Elevated Intracranial
Pressure... But so can hypotension!



Stephan A. Mayer, MD

HEALTH+ HOSPITALS BEYOND Lund vs. Houston



Crit Care Med. 1999 Oct;27(10):2086-95. Prevention of secondary ischemic insults after severe head injury. Robertson CS, Valadka AB, Hannay HJ, Contant CF, Gopinath SP, Cormio M, Uzura M, Grossman RG.

Source

Department of Neurosurgery, Baylor College of Medicine, Houston, TX 77030, USA. claudiar@bcm.tmc.edu

- Now it is easy to understand why 2 schools of thoughts fight for no reason (Lund vs. Houston approaches)...
- But they are both right for a specific subset of patients...
- I propose to create an individualized Rx tailored to ICP vs. CPP being the preponderant issue...



HEALTH+ HOSPITALS assessment of the lower cerebral autoregulatory threshold

¹S. B. Lewis MBBS, ²M. L. H. Wong B MED SC (HONS), ²P. E. Bannan FRACS, ²I. R. Piper PHD, ²P. L. Reilly MD

¹Department of Neurosurgery, Sir Charles Gairdner Hospital, Verdun St, Nedlands 6009 Western Australia ²Department of Neurosurgery, Royal Adelaide Hospital, North Terrace, Adelaide, SA 5000, Australia

Summary Continuous transcranial Doppler ultrasonography National Health by the Animal E University of A

Yes, but its sensitivity for detecting an elevated ICP or a poor compliance is also its weakness...

This study conformed to the guidelines established by the National Health and Medical research Council and was approved by the Animal Ethics Committees of the Royal Adelaide Hospital, University of Adelaide and Institute of Medical and Veterinary Science.

RESULTS

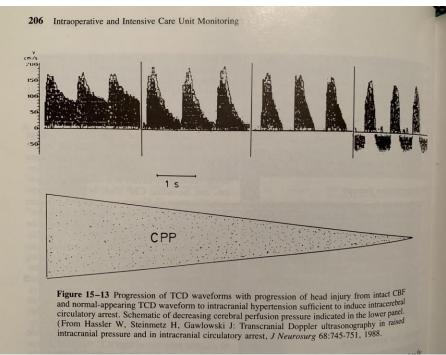
There was neither hypoxia nor sustained hyper- or hypocarbia over the experimental period for any animal. As CPP decreased, CBF was initially maintained until a sharp breakpoint occurred at a mean value of 50 ± 1.5 mmHg CPP. The grouped CBF data and the mean breakpoint are presented in Figure 2. The lower limit of autoregulation indicated by the CBF breakpoint ranged from 41 to 59 mmHg CPP. Similarly, as CPP fell, systolic Doppler flow velocity was preserved until a mean breakpoint of 50 ± 1.8 mmHg CPP (range 38–60 mmHg CPP), shown in Figure 3. In contrast, the mean dias-

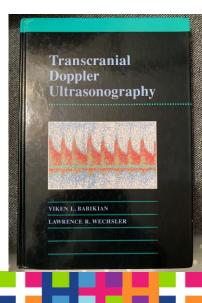


PI is the best! It goes up in the VD cascade too...

NYC HEALTH+ HOSPITALS CPPe in landmark discoveries

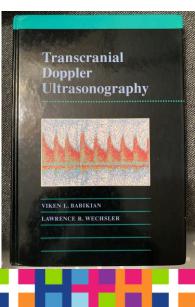
- CPPe correlates to MFV/(PSV-EDV)
- PI= (PSV-EDV)/MFV
- Thus CPPe correlates to 1/PI

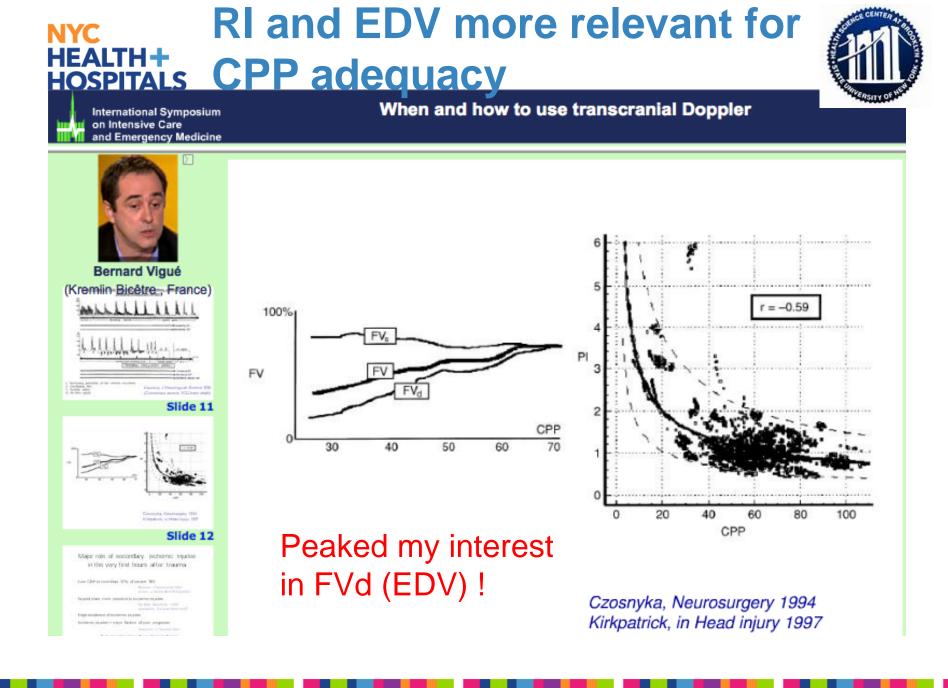




NYC HEALTH+ HOSPITALS

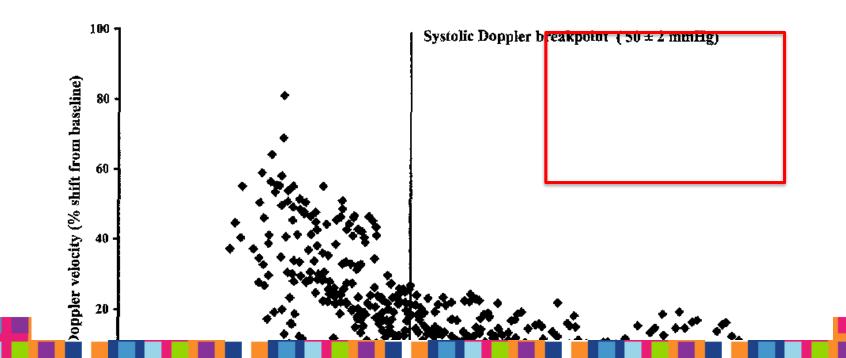
- Estimates of ICP and CPP by Aaslid et al. and Klingelhofer et al.
- ICP/MAP correlates to RI/MFV
- Thus ICPe = (MAPxRI)/MFV
- And CPPe = MFV/FV¹ x MAP¹





HEALTH+ HOSPITALS Importance of EDV

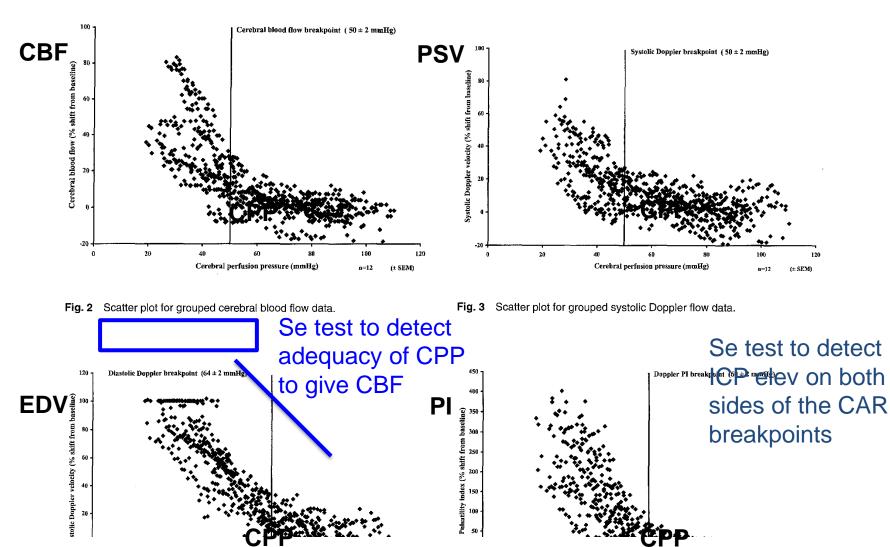




NYC HEALTH+ Forgotten germane parameter: EDV HOSPITALS



44 Finnie et al./Lewis et al.



Only once in the mildst of the VD cascade...

NYC HEALTH+ HOSPITALS

Rx'ic implications: Opposite goals for MAP

Lund vs. Houston: ICP>>CPP vs. CPP>>ICP Or a little bit of both...

The issue of Ischemia vs. Edema deserves to tease out PI from EDV...

Lumped PI and EDV...

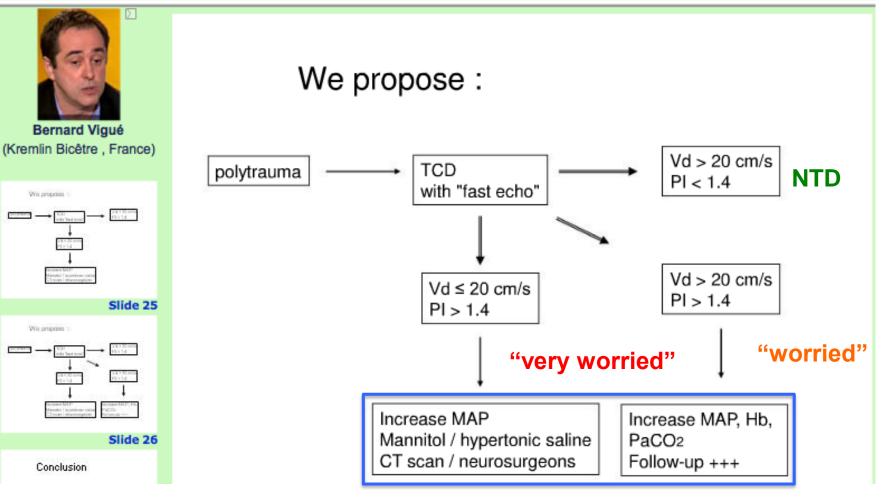


NYC

HEALTH+ HOSPITALS

> International Symposium on Intensive Care and Emergency Medicine

When and how to use transcranial Doppler





Vigue & Ract

Catherine Ract Sophie Le Moigno Nicolas Bruder Bernard Vigué	therap	Transcranial Doppler ultrasound goal-directed therapy for the early management of severe traumatic brain injury			
		Abnormal admission		Normal admission $TCD(x = 12)$	
	$\begin{array}{c} \text{TCD} (n = 11) \\ \text{T0} \end{array}$	T1	TCD (<i>n</i> = 13) T0	T1	
Delay from admission Abnormal TCD (<i>n</i>) Mean velocity (cm/s)	11	219 ± 96 2 43 ± 10*	20 ± 12 0 49 \pm 13**	262 ± 123 0 51 \pm 11	
Diastolic velocity (cm Pulsatility index	1/s) 13 ± 5 2.1 ± 0.5	25 ± 8* 1.4 ± 0.3*	34 ± 11** 1.2 ± 0.6**	36± 11** 0.9± 0.3**	
MAP (mmHg) ICP (mmHg) CPP (mmHg) SjvO ₂ (%) pH	89±15 7.39±0.04	$105 \pm 1/^{*}$ 32 ± 13 73 ± 15 67 ± 2 7.39 ± 0.02	89±11 7.32±0.06**	93 ± 19 $22 \pm 10^{**}$ 71 ± 14 72 ± 9 $7.36 \pm 0.07^{*}$	
PaCO ₂ (mmHg) Haemoglobin (g/dl) Norepinephrine (n) Mannitol (n) Neurosurgery (n)	40 ± 5 12 ± 1 1 0	42 ± 5 11 ± 1 9 5 3	$45 \pm 6^{**}$ 12 ± 2 2 1 -	$ \begin{array}{c} 41 \pm 6^{*} \\ 11 \pm 2 \\ 4 \\ 0 \\ 0 \end{array} $	

*p < 0.05 between T0 and T1 **p < 0.05 between groups



MY PROPOSAL: nuanced Rx



Rx tailored not to the primary issue (ICP vs CPP) alone, but to both issues...

Segregate pts into 2x2 simple table to allocate the best Rx



NYC HEALTH+ TABLE: Tailored treatment plan by categories of patients **HOSPITALS** with acute brain injury at risk for ICP elevation.

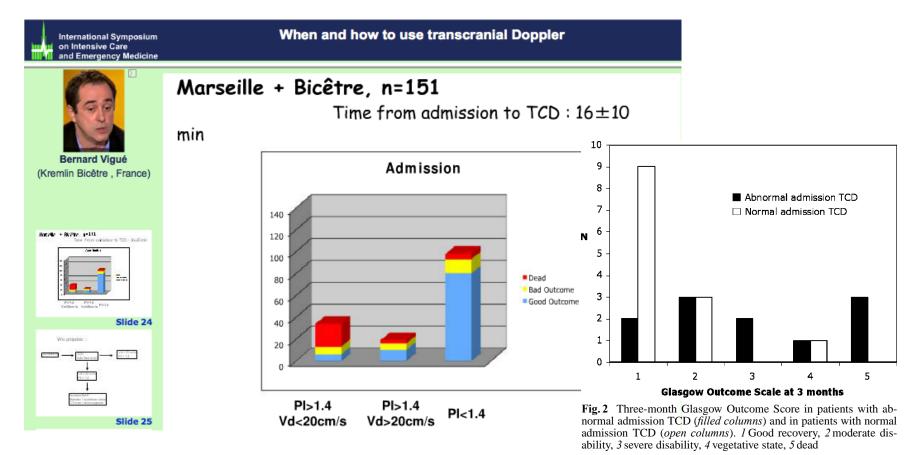
Best Diastolic Flow Velocity / Pulsatility Index (PI)

PI < 1.2

PI > 1.2

Vd > 40	Compliant brain (unlikely to have significantly raised ICP), well perfused (likely adequate CPP): Treat by continuing current meds, current ventilator settings and same MAP goal in an Intermediate level of monitoring.	 Poorly compliant brain (likely edematous or with raised ICP), but well perfused (with likely adequate CPP): Treat with osmotherapy (prefer mannitol over HTS), consider mild hyperventilation and try mild decrease in MAP (to reduce potential edema) in NSICU.
Vd < 40	Compliant brain, but hypoperfused (with likely inadequately low CPP): Treat with no osmotherapy (but if mandated by herniation, prefer HTS over mannitol), mild hypoventilation (a.k.a. permissive hypercapnia), and definitely raise MAP goal (with volume and pressors) in NSICU.	 Poorly compliant brain (likely edematous or with raised ICP), not well perfused (with likely inadequately low CPP): Treat with osmotherapy (with HTS, not mannitol), normal ventilation and definitely raise slowly MAP goal (with volume and pressors) in NSICU.

NYC HEALTH+ HOSPITALS TRIAGING, TREATING AND PROGNOSTICATING outcomes



Ract et al. Intensive Care Med (2007) 33:645–651.

NYC HEALTH+ HOSPITALS Our Material & methods @NSLIJ 2013:

- TCD for non-invasive ICP monitoring in 5 patients in our ICU with acute cerebral edema and risk for ICP-related secondary deterioration from global ischemia.
- Deemed non-salvageable, non-surgical or at high bleeding risk for EVD.
- 1 hepatic failure with GCE
- 1 meningitis with GCE and hemispheric IPH with MLS
- 1 TBI (moderate, no surgical lesion, compensated DIC)
- 2 large hypertensive IPH with mass effect.
- TCD was used to derive PI as a surrogate marker for brain compliance and diastolic velocity (Vd) reflecting diastolic CBF inferring adequacy of CPP.
- Applied Rx'ic choices falling under the 4 described categories to specifically address the cerebral needs of each group. (Table)
- Measured adequacy of Rx by appreciating the response of each patient in terms of clinical stability, normalization of derived ICP parameters, decrease in GCE and absence of secondary ischemia.

NYC HEALTH+ HOSPITALS Our Results: PROOF OF CONCEPT / FEASIBILITY

- 1 Pt had no change in mgmt b/o normal PI and Vd.
- 2 pts received HTS as favored osmotherapy along with induced HTN to alleviate the risk of ischemia due to raised ICP.
- 1 pt received mannitol and had vasopressors tapered off to address break-through pressure edema driving her ICP (Lund).
- 1 pt received hemodynamic augmentation for significant CPP amelioration, without any significant rise in PI (Houston).
- All patients had normalization of PI and Vd within our target range within an hour of the tailored therapy.
- No patient had neurological deterioration, worsening of GCE, MLS, new hemorrhage or developed infarcts within 48h of our repeated interventions.
- All succumbed to their brain injury before discharge from the ICU, except for the TBI patient.



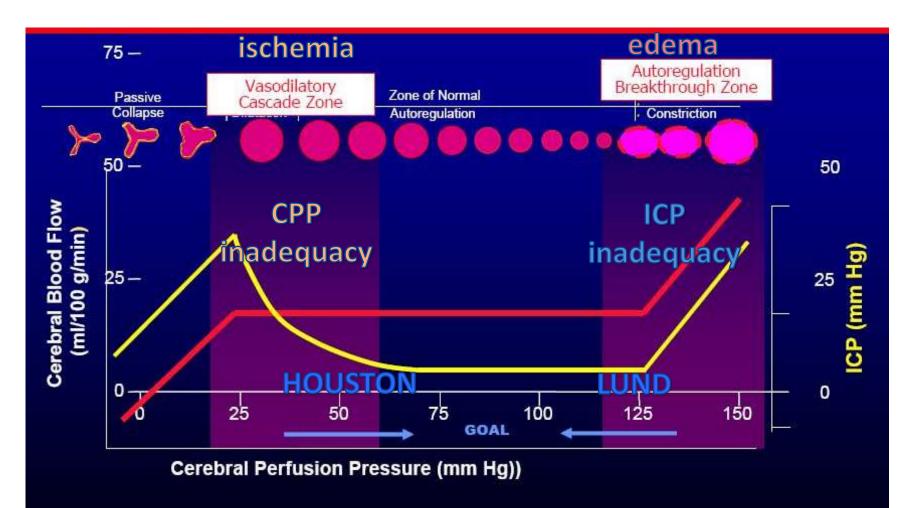
NYC HEALTH+ HOSPITALS Conclusions

- PI and waveform analysis more informative than mean ICP.
- Compliance is a better gold standard to decide on osmotherapy.
- Extracting PI from EDV may make sense to tease out ICP vs CPP issues.
- TCD easily predict/detect early ICP/CPP issues in the ED.
- My 4-category-tailored goal-directed Rx makes sense, seems beneficial and not detrimental.
- Larger feasibility study with pts with EVDs, then RCT to compare conventional monolithic ICP therapy (mainly osmotherapy and MAP augmentation for all) to this 4-category tailored ICP therapy.
- It can then be even more refined, adding ONSD, RI, novel index, or adding CAR (vasoreactivity testing), MOCAIP (VD/VC state), optimal CPP (PRx or pbtO2), LPR (CMD), OEF and spectroscopy (neuroimaging).



NYC HEALTH+ HOSPITALS NIRS, SVJO2, CBF ONSD, CBF H20 CONTENT ameliorate PI & RI, MOCAIP...





Stephan A. Mayer, MD

NYC HEALTH+ Arterial and arteriolar resistance HOSPITALS

- Pulsatility Index (PI):
- Vs-Vd / mean
- PSV-EDV / (2EDV+1PSV/3)
- Marek Czosnyka (Cambridge)

- Resistivity Index (RI): Vs-Vd / Vs
- Leandre Pourcelot (Tours)



NYC HEALTH+ HOSPITALS RI better than PI?

- RIx100 correlates to shunt malfunction:
 - Normal ~50% vs. sx'ic ~70%
 - Chadduck et al.



Klingelhofer et al.: RI is important in discerning whether pts are at risk for poor CPP from VSP or raised ICP. RI may change as a function either ICP or MFV:

At a fixed MFV, RI rises when ICP rises and falls when ICP falls. At a fixed ICP, however, RI is 1/MFV.

When RI<0.5 and MFV>120, ICP is always <20. But when ICP>20 and MFV<150, RI is always > 0.6.

"Thus, when RI<0.5, changes in MFV reflect severity of VSP and ICP is expected to be low. But if RI rose to >0.6 and MFV declines simultaneously in a pt with VSP, there is a problem with ICP rise compromising CPP."



NYC HEALTH+ HOSPITALS

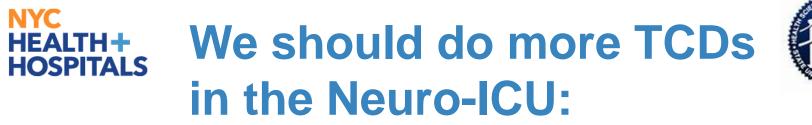
Refining compliance and perfusion adequacy biomarkers

- RI better than PI?
- RI/MFV?
- Trends rather than thresholds?
- Moving correlation coefficients?
- Active dynamic better than passive Mx?
- Challenges (BHI, acetazolamide, carbogen)?

NYC HEALTH + Semantic clarification



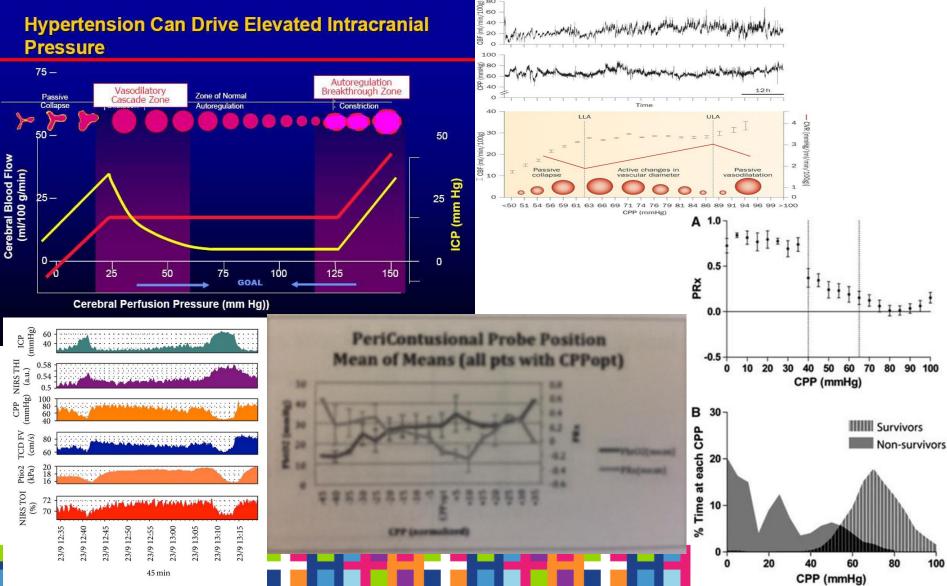
- Term "cerebral autoregulation":
- Pressure autoregulation vs. CO2 reactivity
 - One does not predict the other...
- CO2 reactivity in direction of VC by HV (drop in CO2) vs. CO2 reactivity in direction of VD by apnea (BHI accumulating CO2)...
 - One does not predict the other...
- "Loss vs. conserved" CAR is too Manichean:
- F/u trends gradual amenutising CO2 reactivity might predict VSP/DCI or impaired compliance even better than overt impairment of vasoreactivity
- Peak slope of decrease or EDV trends and correlation coefficient RI/MAP might correspond better to adequacy of CPP irrespective of ICP



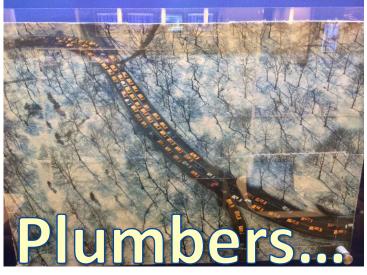
- TCD to tailor BP in AIS to evaluate:
 - Recanalized post IV tPA but also w/o tPA (penumbral salvage by HDA)
 - RI inferring VD in capillary bed
 - CBF conservation/restoration
 - Collaterals status
 - Reserve in all ischemic pts (not only Moya-Moya) by acetazolamide
 - Hyperemia, risk of severe edema and HT

In order to tailor BP and AC Rx

NYC HEALTH+ HOSPITALS Revisiting Laasen's and Czosnyka's curves and K: CI replaces MAP/CPP, better PRx/Mx and ORx/pbtO2-K and then what if API replaces CBF or neuronal fxn/clinical exam...



NYC HEALTH+Kings County HOSPITALS



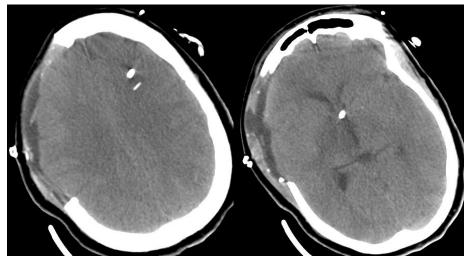
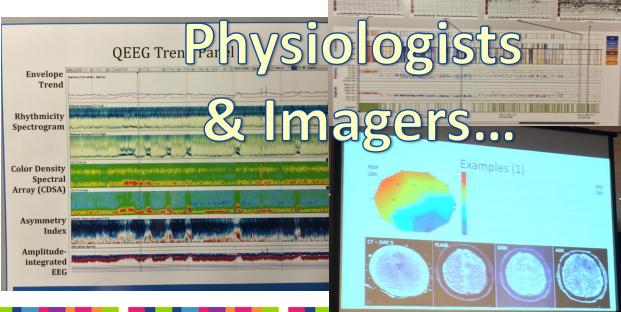


Figure 12: Post-bleed day 15 (at the peak of vasospasm), head CT reveals no lucency to suggest any new infarcted territories, but persistent global cerebal edema.





Neurophysiologist Neurologist

Hieronymus Bosch

HBD PaCO₂ CAp

Kapinos G, Sy H. Neurology. 2016

Thank you!

kapigreg@gmail.com

Fellowships

NCC+ICUEEG+NI+Nu/s

ASN 42ND ANNUAL MEETING JANUARY 24-26, 2019

