ASN 2021 VIRTUAL ANNUAL MEETING



Practice Updates Neurosonology: Transcranial Doppler

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Disclosures

- Honorarium and travel compensation for participation in continuing medical education courses offered by Society of Critical Care Medicine and Neurocritical Care Society
- No other relevant disclosures



Course Objectives:

1.Explain physics of transcranial Doppler ultrasonography

2. Review the clinical indications and usefulness of TCD and apply contemporary protocols and practices in common neurovascular disorders

3. Discuss the coding and billing for neurosonology such as the appropriate CPT and Medicare and local carriers' coverages

Physics of Transcranial Doppler Ultrasonography





The vertebral artery is divided into four anatomic segments:

- V1 Origin of the vessel to the foramina of the sixth cervical (C6) transverse process
- V2 Intraforaminal segment from the sixth to the second cervical vertebral body (C6 to C2)
- V3 From the second cervical (C2) foramina to the base of the skull
- V4 Intracerebral segment of the vertebral artery. The vertebral arteries merge to form the basilar artery and are intradural.

<u>NeuroUltrasound</u>



Spectral Doppler Key Parameters

- Vital organs like brain, heart, liver, placenta and kidney all maintain a low resistance circulation to allow preferential blood flow to them in times of shock
- Musculoskeletal system and gut where blood vessels feed a high peripheral vascular resistance circulation



Spectral Doppler Key Parameters Low resistance circulation

- Systole vs diastole
- Shape of the Waveform
- Rapid upstroke
- Stepwise deceleration
- Diastole <1/2 systole

"Blood pressure"

- Peak systolic velocity
- End Diastolic velocity



Blood Resistance

High resistance circulation Low resistance circulation



Blood Resistance



Andrei V. Alexandrov MD, RV Cerebrovascular Ultrasound in Stroke Prevention and Treatment.

Transcranial Doppler Key Parameters

- Flow direction
- Peak Systolic Velocity
- End Diastolic velocity
- Time Average Mean Flow Velocity
- Pulsatility Index (PI) index of distal resistance
 <u>PSV EDV</u>

MV

• Normal PI 0.6-1.2



Criteria for Normal TCD

Artery	Depth(mm)	Direction	MFV(Cm/s)
M2-M1 MCA	40 - 65	⇒ ►	< 80
A1-ACA	62 - 75	<⇒ ►	< 80
ICA Siphon	60 - 64	\Leftrightarrow	< 70
OA	50 - 62	\Rightarrow	Variable
PCA	60 - 68	\Leftrightarrow	< 50
BA	80 - 100	< ►	< 60
VA	45 - 80	<₽ ►	< 50

Transcranial Doppler



Criteria for Normal TCD

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VA	45 - 80	<⊐ ►	< 50

Aaslid R. Transcranial Doppler Sonography. New York: Springer-Verlag; 1986

Gosling's Pulsatility Index

- (PSV-EDV)/MFV
- 0.5 to 1.19



- Quantitative & qualitative changes in the morphology of TCD waveform resulting from CPP changes
- ICP & PI are positively correlated during increases of ICP
- Increase in PI
 - drop in CPP
 - decrease in PaCO2
 - increase in pulsatility of ABP waveform
 - distal resistance
- Decrease in Pl
 - proximal stenosis or occlusion due to downstream arteriolar vasodilation
 - AVM

Resistance





Figure 1. TIMI flow grades and TCD waveforms. MFV indicates maximum flow velocity.

Burgin Stroke 2000

Arterial stenosis

- Mild stenosis
 - Increased PSV
 - No change in doppler pattern
- Moderate to Severe Stenosis
 - Highly increased PSV
 - Decreased EDV
 - Turbulent flow
 - Post stenotic drop in PSV

Hagen-Poiseuille law A_1 V_1 V_2 V_2 V_3 V_3

CONSERVATION OF MASS Volume of blood flowing through a vessel without branches is constant. Average velocity × Area = Constant

 $\overline{V}_1 \times A_1^2 = \overline{V}_2 \times A_2^2 = \overline{V}_3 \times A_3^2$





- g = Acceleration due to gravity z = Relative height of column of blood
- \overline{V} = Average blood flow velocity

Arterial Stenosis

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Hagen-Poiseuille law







 \overline{V} = Average blood flow velocity

Spencer and Reid Curve



A theoretical model of the relationship between the flow velocity, flow volume, and decreasing size of the residual vessel lumen

Based on the Hagen-Poiseuille law, continuity principle, and cerebrovascular resistance

Spencer and Reid Curve



















Lesion localization

- Post stenotic Pattern- Lesion Proximal to insonation if
 - Low velocity, slow upstroke low resistance dampened waveforms Parvus (diminished) Tardus (delayed)
 - Delayed flow acceleration, +flow deceleration
 - Spectral narrowing
 - Global parvus et tardus aortic stenosis
- Pre-stenotic Pattern- Lesion Distal to insonation if
 - High velocity high resistance(low EDV) upstroke
 - High resistance sharp stump





Angle of insonation



As angle of insonation increases, waveforms become blunted and ultimately disappear



Resistance

	Resistance of the cerebral vessels	Resistance of the distal vascular bed	Resistance
Increased	Intracranial stenosis, cerebral vasospasm Vasoconstriction	Increased intracranial pressure Distal atherosclerotic disease.	Less resistance
Decreased	Arteriovenous shunting	Peripheral vasodilatation Hypercarbia, acidosis Reperfusion of ischemic brain	mann

Waveforms



Clinical Indications

- Ischemic Stroke Evaluation
- Subarachnoid Hemorrhage
- Vertebral Steal
- Cerebral Circulatory arrest assessment
- Noninvasive Intracranial Pressure Measurement

Ischemic Stroke Evaluation

Intracranial stenosis



Waveforms during recanalization

Hemodynamic pattern	Example
No flow	
Low flow velocities without diastolic flow	Assistan, . Astron Astronom
Low flow velocities with diastolic flow	+ 78
Established perfusion:	
a) flow velocities equal to contra- lateral side	+ 122 +
b) high focal flow velocities (i.e. stenosis)	- 180 - 120
c) high segmental flow velocities (hyperperfusion)	- 60 - cm/s



Max Nedelmann et al. Stroke. 2009;40:3238-3244 Copyright © American Heart Association, Inc. All rights reserved.

Assessment of collaterals

- A Comm collateral
 - C/L ACA >MCA, I/L ACA reversed
- P Comm collateral
 - PCA >MCA
- Reversed opthalmics
 - ECA to ICA siphon
 - Relative inadequacy of Acom , Pcom collaterals





Emboli monitoring

- Coronary artery bypass
- Carotid endarterectomy
- Cerebral angiograms
- ECMO
- Infective endocarditis

Embolic Signals during Routine Transcranial Doppler Ultrasonography in Aneurysmal Subarachnoid Hemorrhage

Fernando Mendes Paschoal Jr., Karla de Almeida Lins Ronconi, Marcelo de Lima Oliveira, Ricardo de Carvalho Nogueira, Eric Homero Albuquerque Paschoal, Manoel Jacobsen Teixeira, Eberval Gadelha Figueiredo, and Edson Bor-Seng-Shu

Cerebral Microemboli During Coronary Artery Bypass Using Different Cardioplegia Techniques

Andrew J. Baker, MD, Basem Naser, MBBS, Mark Benaroia, and C. David Mazer, MD Department of Anaesthesia, St. Michael's Hospital, University of Toronto, Toronto, Ontario, Canada



Transcranial Doppler Emboli Monitoring for Infective Endocarditis

Glen Huang, Leilani L. Johnson 💿, James E. Peacock Jr., Charles Tegeler 💿, Kyle Davis, Aarti Sarwal

From the Department of Internal Medicine, University of California Los Angeles, Los Angeles, CA (GH); Department of Neurology, Wake Forest Baptist Medical Center, Winston-Salem, NC (LLJ, CT, AS); Department of Internal Medicine, Wake Forest Baptist Medical Center, Winston-Salem, NC (JJP); and Department of Pharmacy, Wake Forest Baptist Medical Center, Winston-Salem, NC (KD).

Vasomotor reactivity

- Co2, Diamox, Breath Holding
- Intracranial hemodynamic status in patients with carotid occlusive disease with the intent of predicting the occurrence of ischemic brain events
- Compare intracranial hemodynamics before and after carotid endarterectomy/ carotid stent or EC MCA bypass procedures
- Compare autoregulation and collateral circulation in the different parts of the circle of Willis specially with bilateral lesions

Ringelstein EB, et al. Stroke 1988;19:962-9, Sorteberg W, et al. Acta Neurochir 1989;97:139-45, Markus HS, et al. Stroke 1992;23:668-73, Silvestrini M, et al. JAMA: March 2000. Neurol Neurochir Pol. 2001

Value despite CTA, MRI in stroke

 25 of 198 acute stroke patients admitted in 2017 underwent TCD and/or CUS after having CTA head and neck during their hospital admission

The Clinical Contribution of Neurovascular Ultrasonography in Acute Ischemic Stroke

Jonathan R. Gomez, Kyle S. Hobbs, Leilani L. Johnson (, Quang D. Vu, John Bennett, Charles Tegeler (, Stacey Q. Wolfe, and Aarti Sarwal

Table 3. Results of Review by Two Vascular-Trained Neurologists to Determine Whether Ultrasound added Clinical Information to Management Decisions Despite Having CTA Results

	tPA patients DSA	tPA patients No DSA	No tPA DSA	No tPA No DSA	Totals
Ultrasound changed management after CTA	4	4	2	0	10
No change in management after ultrasound	1	10	3	1	15
Totals	5	14	5	1	

The numbers reflect cases where consensus was reached. A third expert (AS) was used to reach consensus in cases of disagreement using a nominal group process. tPA = tissue plasminogen activator; DSA = digital subtraction angiogram; CTA = computed tomography angiogram.

Table 4. Notable Abnormalities Found on Neurovascular Ultrasound

Most notable abnormalities that were determined to have impacted management

- 1. Detection of mobile thrombus requiring anticoagulation;
- 2. Distinguishing carotid near occlusion from occlusion;
- 3. Confirming hemodynamic significance of intra/extracranial stenosis helping emergent stenting/endarterectomy;
- 4. Detecting hyperperfusion/hyperperfusion on TCDs inciting workup for noncerebrovascular etiology;
- 5. Establishing chronicity of carotid stenosis based on collateral flow patterns, especially in patients with no known history or prior medical evaluation.

Most notable abnormalities that did not affect immediate clinical management

- 1. Anterior circulation velocity asymmetry;
- 2. Waveform patterns consistent with known CTA findings of intracranial stenosis;
- 3. Incidental vertebral steal phenomena.

Value despite CTA, MRI in stroke

- 86 patients 2012-2015- CTA, TCD, MRI
- Patients already studied with CTA, TCD during the acute period provide
 - additional useful information in 1 out of 2 patients
 - changes in management are indicated in 1 out of 6 cases.
- The most frequent additional information was
 - collateral pathways
 - information related to patency of vessels
 - active microembolization



Figure 5 Effect of extracranial internal carotid artery (ICA) stenosis on cerebral haemodynamics (patient had high grade stenosis of proximal right ICA). (A) Decrease in mean flow velocity of right (ipsilateral) middle cerebral artery (MCA). (B) Normal flow in left (contralateral) MCA with increased flow in left (contralateral) anterior cerebral artery (ACA) (due to collateral flow). (C) Reversal of flow in right (ipsilateral) ACA. (D) Increased flow in left (contralateral) ACA.

J Neuroimaging 2016;26:420-425.

Subarachnoid Hemorrhage

Mean flow velocity and PI



Lindegaard ratio

- Mean velocity MCA/ Mean velocity ipsilateral extracranial ICA
- Submandibular insonation ICA with TCD probe
- High velocity in MCA >120hyperemia or vasospasm
 - <3 hyperemia
 - >3 mild spasm
 - 3-6 moderate spasm
 - >6 severe



- Post circulation LR (Sviri ratio or Soustiel index) cutoff 2
- =Basilar MFV/Mean of L & R extracranial VA MFV
- Sloan's hemispheric ratio =ACA MFV/ECICA MFV

Kumar J of Ultrasound in Med 2015, LindegaardActaNeurochir1989, SviriNeurosurgery2006, SoustielStroke 2002

Grading vasospasm				Mean MCA Velocity	MCA/ICA Velocity ratio	Interpretation
				<120 cm/s	< 3	Normal, nonspecific elevation or distal MCA spasm
				> 120 cm/s	3 - 6	Vasospasm of proximal MCA
Table 3: Grading of vasospasm sever		>200 cm/s	> 6	Severe spasm of proximal MCA		
Degree of MCA or ICA vasospasm	MFV (cm/s)		LR	_		
Mild (<25%)	120–149	А	3-6	_		
Moderate (25–50%)	150-199	Ν	3-6			
Severe (>50%)	>200	D	>6			
Degree of BA vasospasm	MFV (cm/s)		Modified Ll	R		
May represent vasospasm	70-85	А	2-2.49	_		
Moderate (25–50%)	>85	Ν	2.5-2.99			
Severe (>50%)	>85	D	>3		Aadi	di Nourosurg 1984
					Hasii	$u_1 u_2 u_1 u_3 u_1 g_1 r_2 04$

Vasospasm vs Hyperemia

MFV, cm/s	MCA/EC ICA MFV (Lindegaard) Ratio	Interpretation		Artery		MFV, cm/s	
					Possible Vasospasm	Probable Vasospasm	Definite Vasospasm
<120	≤3	Hyperemia		ICA	>80	>110	>130
>80	3-4	Hyperemia + possible mild spasm		ACAa	>90	>110	>120
≥120	3-4	Mild spasm + hyperemia		PCA	>60	>80	>90
≥120	4–5	Moderate spasm + hyperemia		VA	>60	>80	>90
>120	5-6	Moderate spasm					
≥180	6	Moderate-to-severe spasm					
≥200	≥6	Severe spasm					
>200	4-6	Moderate spasm + hyperemia					
>200	3-4	Hyperemia + mild/residual spa	ism				
>200	<3	Hyperemia	MFV, cm/s		BA/EC VA MFV (Sviri) Ra	tio	nterpretation
			>70		>2	Vasospasm	
			>85		>2.5	Moderate or sev	rere vasospasm
Kumar J of Ultrasound in Med 2015		>85		>3	Severe vasospas	sm	

TCD velocity	Sensitivity	Specificity	LR+	LR-	PPV	NPV
<120	0.88	0.72	3.14	0.17*	0.55	0.94*
120-159	0.40	0.80	2.00	0.75	0.44	0.77
160-199	0.31	0.93	3.98	0.85	0.56	0.75
≥200	0.27	0.98	16.39*	0.74	0.87*	0.77

Table 4: The prediction of cerebral vasospasm based on the various range of middle cerebral artery velocities

ratio; PPV=Positive predictive value; NPV=Negative predictive value

SamaghJ AnaesthesiolClinPharmacol. 2019





Vertebral Steal

Steal phenomena

- Vertebral steal- posterior circulation signs
- Coronary-Subclavian steal phenomenon if CABG and stenosis in the subclavian artery proximal to the takeoff of an IMA graft utilized to perfuse the heart





Fig. 1.-Type 1 waveform in 63-year-old woman with asymptomatic carotid bruit.

A Doppler waveform shows antegrade flow throughout cardiac cycle. Note transient sharp decline is velocity at mid systole producing netch in Doppler trace (arrow). Notch creates two systolic peaks. First rises to acute angle and second has rounded contour. Velocity at nadir of notch is greater than that of end diastole. Also note diastolic notch (arrowhead). B, Drawing shows timing of waveform fluctuations in cardiac cycle.



Fig. 2.—Type 2 waveform in 53-year-old woman with coronary artery disease.

A. In this waveform, more pronounced and deeper cleft is evident between two systolic peaks. Nadir of this cleft reached velocity at or just below that of end diastole Sacond systolic peak tands to be smaller and broader than corresponding peak of type I waveform. B. Orwing definests waveform changes in cardiac cycle. Outline resembles body profile of rabbit and is sometimes referred to as "bunny waveform."



Fig. 3.— Type 3 weveform in 54-year-old man with angina. A Nadir of mid systolic cleft is at or below baseline, but rapid recovery of forward flow before diastole is shown. B Drawing show waveform outline.



- 1914 vertebral arteries
- 40 transient sharp decline in velocities at mid or late systole.Reactive hyperemia induced in the ipsilateral arm with a blood pressure cuff.
- Same protocol performed in a control group of 52 patients with normal vertebral artery waveforms.
- Correlation between the waveforms and subclavian disease shown on angiography in 10 cases from prospective and 10 cases identified from a record search

Fig. 4.—Type 4 waveform in 81-year-old man with coronary artery disease. A. Nadir of mid systolic cleft falls well below baseline signifying greater reversal of flow during systole. Forward flow is restored in diastole B. Drawing indicates outline of ouise profile.

Steal





Cerebral Circulatory Arrest assessment

Progressive increase in intracranial pressure

Resistance global increase



	Normal arterial waveform ICP significantly lower than diastolic BP
B	High resistance waveforms ICP is elevated but lower than diastolic BP
C	Oscillating waveforms with reversed diastolic flow ICP is elevated compared to diastolic BP but lower than systolic BP
	Systolic spikes ICP is significantly elevated compared to systolic BP
	No flow visualized



Journal of the Neurological Sciences 159 (1998) 145-150

NEUROLOGICAL

SCIENCES

Consensus opinion on diagnosis of cerebral circulatory arrest using Doppler-sonography Task Force Group on cerebral death of the Neurosonolgy Research Group of the World Federation of Neurology

Xavier Ducrocq^a, Werner Hassler^b, Kouzo Moritake^c, David W. Newell^d, Gerhard-Michael von Reutern^e,*, Toshiyuki Shiogai^f, Robert R. Smith^g

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Guidelines

- Prerequisites
- 1. The cause of coma has been established and is sufficient to account for a permanent loss of brain function.
- 2. Other conditions such as intoxication, hypothermia, arterial hypotension, metabolic disorders and others have been excluded.
- 3. Clinical evaluation by two experienced examiners shows no evidence of cerebral and brainstem function
- Criteria- Cerebral circulatory arrest can be confirmed if the following extraand intracranial Doppler sonographic findings have been recorded and documented both intra and extracranially and bilaterally on two examinations at an interval of at least 30 min.

Guidelines

- Systolic spikes or oscillating flow in any cerebral artery which can be recorded by bilateral transcranial insonation of the ICA and MCA, respectively any branch or other artery which can be recorded (anterior and posterior circulation).
 - a. Oscillating flow is defined by signals with forward and reverse flow components in one cardiac cycle exhibiting almost the same area under the envelope of the wave form (to and fro movement).
 - b. Systolic spikes are sharp unidirectional velocity signals in early systole of **less than 200 ms duration, less than 50 cm /s peak systolic velocity,** and without a flow signal during the remaining cardiac cycle.
 - c. Transitory patterns between oscillating flow and systolic spikes may be seen.
- 2. The diagnosis established by the intracranial examination must be confirmed by the extracranial bilateral recording of the CCA, ICA and VA.

Guidelines

3. The lack of a signal during transcranial insonation of the basal cerebral arteries is not a reliable finding because this can be due to transmission problems. But the disappearance of intracranial flow signals in conjunction with typical extracranial signals can be accepted as proof of circulatory arrest

4. Ventricular drains or large openings of the skull like in decompressive craniectomy possibly interfering with the development of the ICP are not present.



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Noninvasive Intracranial Pressure Measurements

Waveforms during ICP crisis



Progressive increase in intracranial pressure

Brain Blood Interactions

Serial assessment of resistance

Pulsatility index

PSV-EDV

Mean

Prognostic value explored in TBI and post arrest ROSC



Bellner nICP= 10.93*(PI) - 1.28

CPP estimation from TCD

- nICP_Aaslid nCPP = FVm * A/F.
- nICP_Schmidt $nCPP = MAP * \frac{FVd}{FVm} + 14 mmHg$

nICP_Edouard

nICP CrCP

$$nCPP = \left(\frac{FVm}{[FVm - FVd]}\right) \times (ABPm - ABPd)$$
$$nCPP = ABP \times \left[0.734 - \frac{0.266}{\sqrt{(CVR \times Ca \times HR \times 2\pi)^2 + 1}}\right] - 7.026$$

are society DOI 10.1007/s12028-016-0258-6

REVIEW ARTICLE

Non-invasive Monitoring of Intracranial Pressure Using Transcranial Doppler Ultrasonography: Is It Possible?

Danilo Cardim¹ · C. Robba² · M. Bohdanowicz³ · J. Donnelly¹ · B. Cabella¹ · X. Liu¹ · M. Cabeleira¹ · P. Smielewski¹ · B. Schmidt⁴ · M. Czosnyka¹

Case study



Case study



Case study



Coding and Billing

Neurosonology CPT Codes

- <u>93875</u> Physiological testing extracranial arteries, complete bilateral study
- <u>93880</u> Duplex scan extracranial arteries, complete bilateral study
- <u>93882</u> Limited or unilateral duplex
- <u>93886</u> TCD intracranial, complete study
- <u>93888</u> TCD intracranial limited study
- <u>93890</u> Vasoreactivity study
- <u>93892</u> Embolus Detection without bubbles
- <u>93893</u> Embolus Detection with bubbles

Neurosonology CPT Codes

- Complete TCD: Includes attempted ultrasound evaluation of 3 circulations; the right and left anterior circulation by the temporal acoustic window and the posterior circulation including the vertebral and basilar arteries
- Anything less is limited TCD

- ICD coding is crucial to support medical necessity for CPT code
- Acceptable codes vary between carriers- Listed in LMRP/LCD for Medicare Carrier
- Must learn/know what is acceptable, and know denial and appeal policies
- Algorithms can be helpful

Acceptable ICD-9 Codes for TCD- NC Medicare

• 282.5

• 282.6-282.69

- 348.8
- 430
- 433.00-433.01
- 433.10-433.11
- 433.20-433.21
- 434.00-434.91
- 434.01, 434.11
- 435.9
- 436
- 447.1
- 747.81

Sickle cell trait Sickle cell anemia Other condition of brain... brain death SAH Occlusion/stenosis basilar artery (without/with stroke) Occlusion/stenosis carotid artery (without/with stroke) Occlusion/stenosisvert. Artery (without/with stroke) Occlusion of cerebral arteries Cerebral thrombosis, cardioembolic stroke Unspecified transient cerebral ischemia (TIA) Acute, ill-defined cerebrovascular disease Stricture of intracranial artery Anomalies of cerebrovascular system (AVM)

Keys to Reimbursement

- Correct coding of procedure done
- Correct, reimbursable diagnosis code
- Must list indication and ICD code in the report itself
- Be familiar with your local Medicare carrier medical review policy-Carrier Advisory Committee-reps from State Medical Societies and others
- Know local policies for denials and appeals policy

Key Websites

- American Society of Neuroimaging: <u>www.asnweb.org</u>
- Neurosonology Research Group of the World Federation of Neurology: <u>www.nsrg.org.tw</u>
- Intersocietal Commission of the Accreditation of Vascular Laboratories: <u>www.icavl.org</u>
- American Institute of Ultrasound in Medicine: www.aium.org
- American Registry of Diagnostic Medical Sonography: <u>www.ardms.org</u>

The art of medicine consists of amusing the patient while nature cures the disease....

Voltaire



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